



Florida Produce

Seasonal Availability Calendar

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Avocado												
Bell Pepper												
Blackberry												
Blueberry												
Broccoli												
Cabbage												
Cantaloupe												
Carrot												
Cauliflower												
Celery												
Cilantro												
Collard Greens												
Cucumber												
Eggplant												
Endive												
Escarole												
Grapefruit												
Lettuce												
Mango												
Muscadine Grapes												
Mushroom												
Orange												
Peach												
Peanut												
Pineberry												
Potato												
Radish												
Snap Beans												
Spinach												
Squash												
Strawberry												
Sweet Corn												
Tangerine												
Tomato												
Watermelon												

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IN SEASON



NOT IN SEASON



Florida Seafood

Seasonal Availability Calendar

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Alligator												
Blue Crab												Light
Clams												
Flounder	Moderate	Moderate	Moderate									
Grouper												
King Mackerel			Moderate	Moderate	Moderate	Moderate	Moderate	Moderate	Light	Light	Light	
Mahi-Mahi	Light	Light	Light	Light	Moderate	Light	Light	Light	Light	Light	Light	Light
Mullet												
Mullet Roe			Light	Not Available	Not Available	Not Available	Not Available	Not Available	Not Available	Not Available		
Oysters												
Pompano					Moderate	Light	Light	Moderate	Moderate	Moderate		
Snapper												
Shrimp												
Spanish Mackerel				Light	Light	Light	Light	Light	Light	Moderate		
Spiny Lobster				Light	Light	Light	Light	Light	Light	Light		
Stone Crab Claws					Moderate	Light	Light	Light	Light	Light		
Swordfish												
Tilefish				Light	Light	Light	Light	Light	Light	Light	Light	Light
Yellowfin Tuna	Light	Light	Light	Light	Moderate	Light	Light	Light	Light	Light	Light	Moderate

HEAVY
 MODERATE
 LIGHT
 NOT AVAILABLE

“FRESH FROM FLORIDA” IS ALWAYS IN SEASON



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